



SUNSHINE ACTION 耀陽行動

2024 Performance

Hong Kong's economy will likely grow more slowly than previously expected both this year and next as challenges from China's slowdown, property assets value decline and the impact from elevated interest rates weigh on the financial hub. many families and individuals are facing economic hardship, struggling to afford basic necessities.

Economists slashed their expectations for gross domestic product growth in 2023 to 3.3% from an earlier forecast of 4%, according to the median estimate in the latest Bloomberg survey of economists.

2024's outlook is also dimmer, with GDP seen expanding 2.7% in 2024 compared to 2023. That's lower than an earlier estimate of 3%. The downgrades reflect a muted post-pandemic recovery as growth has been weak despite a boost this year from a tourism revival, and suggest that tough times are still ahead for the Asian financial center.

In 2024, following a gradual but slow recuperation after the COVID pandemic, outbreaks and the recurring waves plaguing Hong Kong came to a halt at the end of 2022. Yet since the start of 2024, poverty remains a key pressing issue, with the gap in economic inequalities widening leaving impoverished, vulnerable, and street sleepers in a dust trail as Hong Kong business and economic growth rises.

With these rising costs, low-income individuals and street sleepers have been struggling to find reasonable affordable housing and to afford nutritious food, as wages have not risen in line with inflating food and housing prices. As such, Sunshine Action continues to pack and deliver Sunshine Fortune Bags containing essential long-life food essentials and hot food dinner boxes to the poor, including the elderly, the low-income families, the handicapped, the refugees and mentally- ill and street sleepers across Hong Kong regions. These contain rice, pasta, dry foods, toiletries and other key essentials for basic nutrition and sanitation.



Amidst these economic and social conditions, Sunshine Action continues to uphold its mission to "Feed the Hungry & Warm the Abandoned"



2024 Beneficiary Charity Centers & Organizations

Since January 2024, Sunshine Action has supported the **long term food support programs** and donated the **Sunshine Fortune Bags** and other items to poor families in general, elderly, physically handicapped, severely sick, mentally ill, single parents, the asylum seekers and refugees, the homeless and the overseas charity programs:



1. Adventist Church 基督復臨安息日會 山景青少年服務中心
2. Adventist Church 基督復臨安息日會 恒安老人中心
3. Adventist Church 基督復臨安息日會 小西灣長者鄰舍中心
4. Adventist Church 基督復臨安息日會 新蒲崗長者鄰舍中心
5. Adventist Church 基督復臨安息日會 白田閱讀中心 (自修室)
6. Alliance of Self Help Groups for the Occupational Injuries and Diseases 香港職業傷病聯盟
7. Angkor Help the Children Organization, Siem Reap, Cambodia
8. Awakening Salvation Emergency Fund 覺者緊急救難基金
9. Assoc. for Engineering and Medical Volunteer Services (EMV) 工程及醫療義務工作協會 輔助就業服務
10. Assoc. of Rehabilitation and Mutual Support 復康互助會
11. Baptist Oi Kwan Social Service 浸信會愛羣社會服務處 Jordan Family Support and Service Centre 佐敦家庭支援及服務中心
12. Breaking Ground -for homeless- New York, USA

13. Buddhist Compassion 溫暖人間
14. Buddhist Foo Wong Hop Neighbourhood Elderly Centre 佛教傅黃合長者鄰舍中心
15. Buddhist Kong To Temple 佛教廣度寺/白田邨瑞田樓獨居長者屋
16. Buddhist Lam Bing Yim Memorial School 佛教林炳炎紀念學校
17. Buddhist Lim Kim Tian Memorial Primary School 佛教林金殿小學
18. Buddhist Sum Heung Lam Memorial College 佛教沈香林紀念中學
19. Caritas Blissful Life Parents Resource Centre 明愛樂越家長資源中心
20. Caritas Chan Chun Ha Day Active Centre 明愛陳震夏展能中心
21. Caritas Cheng Shing Fung District Elderly Centre 明愛鄭承峰長者社區中心
22. Caritas Community Centre-Caine Road 明愛堅道社區中心
23. Caritas Integrated Family Service Centre-Aberdeen 明愛香港仔綜合家庭服務中心
24. Caritas Integrated Home Care Service-Diamond Hill 明愛鑽石山綜合家居照顧服務
25. Caritas Integrated Home Care Service-Tin Wan 明愛田灣綜合家居照顧服務
26. Caritas Integrated Home Care Service-Wah Fu 明愛華富綜合家居照顧服務
27. Caritas Jockey Club Lok Wo Hostel 明愛賽馬會樂和宿舍(中度弱智人士宿舍)
28. Caritas Lok Kin Workshop 明愛賽馬會樂健工場
29. Caritas On-site Pre-school Rehabilitation Service-Team 1 明愛樂成長學前到校支援服務-第一隊
30. Caritas S.S. P. Family Support Network Team 明愛深水埗家庭支援網絡隊
31. Caritas School Social Work Service-Kindergarten 明愛學校社會工作服務 - 幼稚園
32. Caritas School Social Work Service-N.T. West 明愛新界西學校社會工作服務
33. Caritas Tin Sui Wai Integrated Family Centre 明愛天水圍綜合家庭服務中心
34. Caritas Tuen Mun Family Intergrated Service Center 明愛屯門綜合家庭服務中心





35. Caritas Wellness Link–Cheung On Estate 明愛樂耆牽
36. Caritas Wellness Link-North District 明愛樂晴軒
37. Chicago Commons, Chicago, Illinois, USA
38. Children's Cancer Foundation 兒童癌病基金
39. Children Improvement Org. CIO - Siem Reap, Cambodia
40. CODA Hong Kong 香港聾人子女協會
41. Concern Mental Health Alliance 關注精神聯盟
42. Conservative Baptist Jubilee Centre 浸信宣道會恩禧中心
43. E.F.C.C. Kwun Tong Church 中國基督播道會觀塘福音堂
44. E.F.C.C. 中國基督教播道會 Hong Fook Church Bradbury Community Health Development Centre 康福堂白普理社區健康發展中心
45. Family Network 家盟 Mentally Ill patients
46. Foot Print 足印義工
47. Glory Ministries 榮美事工

48. H.K.S.K.H. Wong Tai Sin District Elderly Centre 聖公會黃大仙長者綜合服務中心
49. Harmony House 和諧之家 Harmony Link Domestic Violence Prevention Centre
50. Heartland Alliance-Marjorie Kovler Center, Chicago USA
51. Helping Hand 伸手助人協會 Po Lam Jockey Club Housing for the Elderly 寶林賽馬會老人之家
52. Helping Hand 伸手助人協會 Siu Sai Wan Jockey Club Housing for the Elderly 小西灣賽馬會老人之家
53. Henry Wanyoike Foundation, Kenya
54. HK Association of the Deaf 香港聾人協進會
55. HK Buddhist Association 香港佛教聯合會
56. HK Federation of Women's Centre 香港婦女中心協會 Lai Kok Center 賽馬會麗閣中心
57. HK Neuro-Muscular Disease Association 香港肌健協會
58. HK Occupational Deafness Assc. 香港衛聰聯會
59. HK Single Parents Association 香港單親協會
60. HK Society for Rehabilitation 香港復康會 CRN 社區復康網絡 (大興中心)
61. HK Society for Rehabilitation 香港復康會 Vocational Rehabilitation & Retraining Center 職業復康及再培訓中心



62. Interfaith Assembly for Homelessness and Housing, New York, USA
63. Justice Center HK-for the refugees & migrant minority
64. Kwai Chung Mutual-Help Elderly Centre 葵涌長者互助社
65. Kwong Wah & Wong Tai Sing Hospital Chaplaincy 廣黃院牧事工
66. Kwun Tong Swatow Baptist Church 觀潮浸信會潮食工房
67. Light and Love Kwai Fong Neighbourhood Elderly Centre 香港光愛中心
68. Lok Kwan Social Serv. 樂群社會服務處 Li Kun Community Service Center 李坤社區中心
69. Love Heart (Reverence) Charitable Foundation 愛心慕名慈善基金會
70. Missionaries of Charity 仁愛之家 Mongkok
71. Missionaries of Charity 仁愛之家 Nam Cheong
72. NAAC Wong Tai Sin District Integrated Home Care Services Centre 鄰舍輔導會黃大仙綜合家居照顧服務中心
73. New Home Association 新家園協會 New Territories West Service
74. New Home Association 新家園協會 Yau Tsim Mong Multicultural Activity Center
75. New Voice Club 香港新聲會 (Laryngeal Cancer Patients)

76. New Wines Ministry of Hong Kong 香港新葡萄基督使工

77. Pentecostal Church of Hong Kong 竹園區神召會 Chi Fung Elderly Center 慈鳳長者鄰舍中心
78. PHAB 香港傷健協會 Carer Line 照顧者專線
79. PHAB 香港傷健協會 Employment Support Services 就業支援服務
80. Pok Oi Hospital Cheung Hung 博愛醫院慧妍雅集家庭多元智能中心 (長亨)
81. Pok Oi Hospital Cheung On 博愛醫院園玄學院兒童及家庭發展中心 (長安)
82. Pok Oi Hospital Cheung Tsing 博愛醫院香港新界獅子會家庭發展中心(長青)
83. Pure Land School of Buddhism (HK) Branch One 淨土宗香港一分會
84. Refugee Union 難民聯會
85. Rehabaid Society 復康資源協會
86. SAGE Chai Wan District Elderly Community Centre 耆康會柴灣長者地區中心



87. SAGE Eastern District Day Care Centre for the Elderly 耆康會東區老人日間護理中心
88. SAGE Ho Sang Neighbourhood Elderly Centre 耆康會何生長者鄰舍中心
89. SAGE Kwai Shing West Day Care Centre for the Elderly 耆康會葵盛西長者日間護理中心
90. SAGE Sun Kwai Hing Gardens Day Care Centre for the Elderly 耆康會新葵興花園老人日間護理中心
91. SAGE Tsuen Wan District Elderly Community Centre 耆康會荃灣長者地區中心
92. SAGE Yam Pak Charitable Foundation Day Care Centre for the Elderly 耆康會任白慈善基金老人日間護理中心
93. Salvation Army 救世軍 Kowloon West 西九龍隊
94. Salvation Army 救世軍 Sunrise House 曦華樓
95. Salvation Army 救世軍 Tai Wo Hau Centre for Senior Citizens 大窩口長者中心
96. Sowers Action 苗圃行動
97. Ta Ku Ling Kei Lok Com. Assoc. 打鼓嶺耆樂會社
98. The Society of Aids Care 愛滋寧養服務協會 (香港)



99. Tseung Kwan O Sion Church 基督教錫安堂暨安臨中心
100. Wheelchair Friends Activity Group 輪椅之友活動群組
101. Windshield Charitable Foundation 宏施慈善基金 Evita Law Social Services 羅貝兒社會服務處-秀茂坪
102. Windshield Charitable Foundation 宏施慈善基金 Kwai Chung Service Center 葵涌社會服務處
103. Windshield Charitable Foundation 宏施慈善基金 Chau Kwai Building Service Point 秋葵樓服務點
104. Windshield Charitable Foundation 宏施慈善基金 Ping Shek Service Center 坪石社會服務處
105. Windshield Charitable Foundation 宏施慈善基金 S.S.P. Social Services 深水埗社會服務處
106. Women Service Association 婦女服務聯會
107. YKF Women Centre 燕嘉鳳婦女服務社
108. Yuan Ming Monastery 圓明寺
109. Yuen Yuen Institute Tsuen Wan West Neighbourhood Elderly Centre 圓玄學院荃灣西長者鄰舍中心





CAMBODIA

COMMUNITY HEALTH CHECK & CHARITY SERVICE TRIP 2024

FUNDRAISING

We kindly appeal for your compassion and generous donations towards our mission to those in need.

Even if you are not joining us on the trip, you can still contribute through monetary / in-kind donations (e.g. second hand schoolbag).

All donations will be used for the sunshine packs (include hygiene materials, dry food, daily necessities) for the rural villagers and orphans in Cambodia.



Fundraising



2nd hand item donation

Collection sessions:

- CUHK
 - 10th April (Wed) 14:15-17:45
 - 3/F BMSB
- HKU
 - 10th April (Wed) 12:30-14:30
 - 2/F MMW



July 2024, **Sunshine Action & Doctor of Excellence** is partnering to conduct some charity and healthcare programs around Siem Reap, Cambodia. A team of medical students from **HKU Hong Kong University** and **CUHK Chinese University of Hong Kong** to join the trip.



Date: **3-11 JULY 2024**

For info ✉ doeexo@gmail.com

Local partner organizations:

- ABCs & Rice
- C.D.O. Children Development Org
- C.I.O. Children Improvement Org
- K.K.O. Khmer for the Khmer Org
- A.H.C.O. Angkor Help the Children Organization
- L.T.P.P. Love to Progress People
- M.C. Missionaries of Charity Siem Reap
- O.P.C.O. Orphanage and Poverty Center Org.



Long-Term Food Support Program

Due to the increasing challenges during the economic hardship, Sunshine Action has offered long-term food support to low-income/poor individuals for 6-12 months. However, Sunshine Action has continued supporting the individual if they needed further help. These cases are referred by social workers to a team dedicated to helping through delivery. Referrals tend to be cases who suffer from a severe illness or are severely disabled.

Sunshine Action started this program in 2011, with a focus on tailor-made quantity and content according to the needs of beneficiaries.

All products we used in the “Sunshine Fortune Bags” and food programs are carefully selected or tailor-made for their excellent quality and with long enough expiry dates.





The Street-Sleepers program

This has been our longest-running event. In 2024, Friday evenings were usually covered by a bigger team of students in more concentrated areas in Sham Shui Po, Nam Cheong and Cheung Sha Wan.

We distribute the dinner boxes, the suppliments, anti-pandemic items, essential materials,cash coupons, a variety of food and beverages, others essentials, hot pads,etc.,

Every year, hundreds of students and the Sunshine Ambassadors joined this program consistently.



The SUNSHINE AMBASSADORS, the SUNSHINE 45 CLUB, the SUNSHINE INTERNS and the students involved with Sunshine Action during 2024 are from:

1. University of Oxford, UK 牛津大學
2. University of Cambridge, UK 劍橋大學
3. **University of Chicago, USA 芝加哥大學** - An historical event for Sunshine Action is held in April. UChicago was the first Top 10 QS Quacquarelli Symonds & THE 泰晤士高等教育世界大學聲譽排名 Ranking University sending interns to Sunshine Action since some years ago. It is also the first University in the world hosting the packing of the “Sunshine Fortune Bags 耀陽福袋” in the Illinois Campus, USA.

The biggest gratitude to the Senior Associate Director of UChicago Ms. **Katie Fassbinder**, the social impact team and the Sunshine Ambassador of UChicago 耀陽大使 Toby Chan in connecting & coordinating the event.

4. University College London, UK 倫敦大學學院
5. UCLA University of California Los Angeles 加州大學洛杉磯分校
6. Columbia University, New York, USA 哥倫比亞大學
7. New York University 紐約大學





8. UBC University of British Columbia, Canada 英屬哥倫比亞大學
9. HKU Hong Kong University 香港大學
10. CUHK Chinese University HK 香港中文大學
11. Queen Mary University of London, UK 瑪麗王后學院
12. University of St Andrews, UK 聖安德魯斯大學
13. University of Keele, UK 基爾大學
14. University of Southern California 南加州大學
15. University of Durham, UK 對衡大學
16. University of Bristol, UK 布里斯托大學
17. HKUST HK University of Science & Technology 香港科技大學
18. King's College London, UK 倫敦國王學院
19. Loughborough University, UK 羅浮堡大學
20. LSE London School of Economics and Political Science 倫敦政治經濟學院
21. Cardiff Sixth Form College, UK
22. Columbia Grammar & Preparatory School, New York, US
23. DBS Diocesan Boys' School 拔萃男書院

24. Li Po Chung United World College 香港李寶椿聯合世界書院
25. Yew Chung International School 耀中國際學校
26. GSIS German Swiss International School 德瑞國際學校
27. French International School 法國國際學校
28. CDNIS Canadian International School 加拿大國際學校
29. HKIS Hong Kong International School 香港國際學校
30. ESF King George V School 英基英皇佐治五世學校
31. ESF Discovery College 英基智新書院
32. ESF Island School 英基港島中學
33. ESF West Island School 英基西島中學
34. ESF South Island School 英基南島中學
35. ESF Shatin College 英基沙田學院
36. ESF Bradbury School 英基白普理小學
37. VSA Victoria Shanghai Academy 滬江維多利亞學校
38. ISF Independent School Foundation 弘立書院
39. Discovery Bay International School 愉景灣國際學校
40. Concord College 康德學院 UK



41. Pulteney Grammar School 保定尼文法學校 Australia
42. Benenden School, UK
43. City of London Freeman's school, UK
44. Oundle School, UK

Grammar & Preparatory School, New York is the first school in the USA hosting the packing of the "Sunshine Fortune Bags" in partnership with Sunshine Action USA on 10th Jan 2024.

Sunshine Action sends a huge Thank You to Columbia Grammar & Preparatory School & r sponsoring the "Sunshine Fortune Bags" food donation and to Dean Andrew Chappell for organizing and hosting the packing in the gym with 120 students. The food bag donation was transported the same day to support more families at A, Phillip Randolph House, a large Public Housing Development in Harlem, NY.

Sunshine Internship

New York - London - Hong Kong



SUNSHINE ACTION 2024 Humanitarian Works Internship

New York - London - Hong Kong

<https://www.sunshine-action.org/sunshine-internships>

Since 2021, Sunshine Action has been establishing a new branch office in the US & UK. We would like to invite students interested in charity and social service to join a summer internship and conduct a wide range of tasks, which involves organising humanitarian programs and events, for our New York, London and Hong Kong branches. We are aiming to focus on practical actions and events in this internship.

Note that tasks can be tailored to the candidate's own learning interests. For one's reference, the estimated number of hours for each task is given under an internship period of 8-10 weeks.



The recruitment with top students from prestigious institutions are in progress and the confirmed interns for 2024 are from the following institutions:

- University of Oxford, UK 牛津大學
- University of Chicago, US 芝加哥大學
- University College London, UK 倫敦大學學院
- University of California L.A. US 加州大學洛杉磯分校
- Columbia University, New York, US 哥倫比亞大學
- New York University, US 紐約大學
- Hong Kong University 香港大學
- University of St Andrews, UK 聖安德魯斯大學
- University of Bristol, UK 布里斯托大學

The Sunshine 45 Club 耀陽 45 狀元會

An exclusive club reserved for Graduates with
IB 45 & 44 points / A level Three A* / 3.9-4.0 GPA / DSE Five 5**

who are passionate to contribute in humanitarian projects around
the World through Sunshine Action



SUNSHINE ACTION 耀陽行動 ✦ SUNSHINE 45 CLUB 耀陽45狀元會

🌐 A long-term global & professional networking
<https://www.sunshine-action.org/sunshine-45-club>

An exclusive club reserved for graduates with:

★ **ib 45 & 44 points / A level Three A* / 3.9-4.0 GPA / DSE Five 5****

Up to 2024, we are blessed with **18 "Sunshine Ambassadors 耀陽大使"** with similar level in the club, including:

- ✦ Sharon Lai
- ✦ Sally Ng
- ✦ Cyrus Lai
- ✦ Shawn Wang
- ✦ Vincent Yang
- ✦ Adrian Yan
- ✦ Jordan Lam
- ✦ Ulyssa Fung



SUNSHINE ACTION 耀陽行動

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Sunshine Action Youtube Channel <https://www.youtube.com/@sunshineaction22>

Sunshine Action performance reports: <https://www.sunshine-action.org/performance-reports>

